

## OACCUs Published Scientific Publications

Date	Article	Reference	Link
01.05.22	Impact of exercise interventions on physical fitness in breast cancer patients and survivors: a systematic review	Ficarra S, Thomas E, Bianco A, Gentile A, Thaller P, Grassadonio F, Papakonstantinou S, Schulz T, Olson N, Martin A, Wagner C, Nordström A, Hofmann H. Impact of exercise interventions on physical fitness in breast cancer patients and survivors: a systematic review. <i>Breast Cancer</i> . 2022 May;29(3):402-418. doi: 10.1007/s12282-022-01347-z. Epub 2022 Mar 12. PMID: 35278203; PMCID: PMC9021138.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9021138/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9021138/</a>
01.12.23	Choose the healthy way! Physical activity as a tool to improve mental health in young cancer survivors	Gentile A, Ficarra S, Ortega-Gómez S, Jiménez-Pavón D, Asimakopoulou Z, Vantarakis A, Tavares P, Vaz V, Thaller J, Papakonstantinou S, Kirkar M, Glorioso F, Galioto M, Lo Mauro M, Bianco A. Choose the healthy way! Physical activity as a tool to improve mental health in young cancer survivors. <i>Acta Oncol</i> . 2023 Dec;62(12):1589-1591. doi: 10.1080/0284186X.2023.2270154. Epub 2023 Nov 25. PMID: 37837211.	<a href="https://www.tandfonline.com/doi/full/10.1080/0284186X.2023.2270154">https://www.tandfonline.com/doi/full/10.1080/0284186X.2023.2270154</a>
01.12.23	One more rep! The case for resistance training in young cancer survivors	Lakicevic N, Ficarra S, Ortega-Gómez S, Jiménez-Pavón D, Asimakopoulou Z, Vantarakis A, Tavares P, Vaz V, Thaller J, Papakonstantinou S, Kirkar M, Glorioso F, Palma A, Bianco A. One more rep! The case for resistance training in young cancer survivors. <i>Front Oncol</i> . 2023 Dec 4;13:1284052. doi: 10.3389/fonc.2023.1284052. PMID: 38111526; PMCID: PMC10726118.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10726118/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10726118/</a>
01.02.24	Developmental Outcomes in Italian Young Cancer Survivors: the Effect of Lack of Social Support in Physical Activity Practice on Quality of Life and Mental Health	Gentile A, Bartolo L, D., Ficarra S, Ortega-Gómez S, Jiménez-Pavón D, Vantarakis A, ... & Alesi M. (2024). Developmental outcomes in Italian young cancer survivors: The effect of lack of social support in physical activity practice on quality of life and mental health. <i>Journal of Community &amp; Applied Social Psychology</i> , 34(2), e2786.	<a href="https://onlinelibrary.wiley.com/doi/10.1002/casp.2786">https://onlinelibrary.wiley.com/doi/10.1002/casp.2786</a>
01.03.24	Effects of resistance training on sleep quality and disorders among individuals diagnosed with cancer: A systematic review and meta-analysis of randomized controlled trials	Maric D, Ficarra S, Di Bartolo L, Rossi C, Asimakopoulou Z, Vantarakis A, Carbonell-Baeza A, Jiménez-Pavón D, Gomes B, Tavares P, Baxter R, Pusa S, Thaller P, Papakonstantinou S, Kirkar M, Glorioso F, Galioto M, Gentile A, Thomas E, Bianco A. Effects of resistance training on sleep quality and disorders among individuals diagnosed with cancer: A systematic review and meta-analysis of randomized controlled trials. <i>Cancer Med</i> . 2024 Apr;13(8):e7179. doi: 10.1002/cam4.7179. PMID: 38650577; PMCID: PMC11036080.	<a href="https://onlinelibrary.wiley.com/doi/10.1002/cam4.7179">https://onlinelibrary.wiley.com/doi/10.1002/cam4.7179</a>
13.05.24	Interventions about physical activity and diet and their impact on adolescent and young adult cancer survivors: a Prisma systematic review.	Vasilopoulou M, Asimakopoulou Z, Velissari J, Vicha A, Rizogianni M, Pusa S, Stöven S, Ficarra S, Bianco A, Jiménez-Pavón D, Ponce Gonzalez Jesus G, Tavares Paula C, Gomes B, Bayer D, Silva S, Nogueira C, Papakonstantinou S, Musa K, Glorioso F, Vantarakis A. Support Care Cancer. 2024 May 13;32(6):342. doi: 10.1007/s00520-024-08516-0. PMID: 38739198 Free PMC article.	<a href="https://pubmed.ncbi.nlm.nih.gov/38739198/">https://pubmed.ncbi.nlm.nih.gov/38739198/</a>
08.07.24	The Outdoor Against Cancer Connects Us (OACCUs) Project: A European initiative promoting healthy lifestyle among young cancer survivors.	Ortega-Gómez S, Di Bartolo L, Velissari J, Gomes B, Ponce-González J, G., Thaller J, Papakonstantinou S, Kirkar M, Glorioso F, Rodrigues V, Pusa S, Tavares P, Vantarakis A, Bianco A, Carbonell-Baeza A, & Jiménez-Pavón D.	<a href="https://paec.kineticeditorial.com/index.php/paec/article/view/oaccus-project-promoting-health-young-cancer-survivors">https://paec.kineticeditorial.com/index.php/paec/article/view/oaccus-project-promoting-health-young-cancer-survivors</a>
03.08.24	Experiences, behaviours, and perspectives of young cancer survivors on physical activity.	Thomas E, Di Bartolo L, Galioto M, Seminara D, Pusa S, Baxter R, Ortega-Gómez S, Jiménez-Pavón D, Vasilopoulou M, Vantarakis A, Tavares P, Campos MJ, Thaller P, Thaller J, Papakonstantinou S, Kirkar M, Vivirito S, Glorioso F, Iannitto E, Lo Mauro M, Bianco A.	<a href="https://pubmed.ncbi.nlm.nih.gov/39170495/">https://pubmed.ncbi.nlm.nih.gov/39170495/</a>